Q: Do you know how to cook and bake?

**Yes, definitely, life skills must be mastered**

Q: How often do you cook on average?

**It burns several times almost every day**

Q: What do you think of your cooking skills?

**Friends think it's delicious, I don't think it's bad hahaha**

Q: Do you have any difficulties with cooking, please describe it?

**I think it's planning steps, when there are many dishes, I will think about how to arrange the steps reasonably so that I can do many things at the same time, for example, if I want to make a table of dishes, one dish at a time can be very time-consuming**

Q: Have you heard of augmented reality (AR) technology before?

**Heard**

Q: How would you describe it?

Put a person in the virtual world?

Q: Let me explain it to you

It is a technology that combines virtual information with the real world, by adding computer-generated images, sounds, videos and the like to the real environment, so that you can experience it better, this environment is not completely virtual,

Showcase Video: Videos of megacities

Q: What kind of help or information would you like AR glasses to help you with when you're cooking?

**Help me plan the time steps, and the other might be to help me find something.**

Q: Where do you think AR information should be displayed in order to provide you with the most help without disturbing you?

**It's kind of like The Sims, it's good in that form, it's just the physical thing there, but there are a few little hints on the side**

Q: If AR glasses could provide you with real-time step-by-step tips for recipes, what would you look like?

**Synchronizing what I'm doing in the real world, watching me stir things over, can help me with other things without affecting what I'm doing now**

Q: When you encounter unfamiliar cooking skills, what form of guidance do you prefer AR glasses to provide you? Video presentations, illustrations, text prompts, real-time expert help

**I think the illustration and expert help, for example, whipped egg whites, is to make cakes, people who are not familiar with this aspect may not know what state the egg whites are going to be, so if there is a picture, I can know if what I am doing is correct, if it is incorrect, the tutorial can correct me**

Q: Imagine the process of your work in the kitchen, when do you think that using AR (cleaning, baking, cooking, managing/e.g. knowing what is reasonably allocated space in the cupboard) will improve your life?

**When preparing food, I am a person with a plan, so I hope that I can give me some suggestions for planning.**

**Improvements in AR technology**

Q: Do you have any concerns or concerns about using AR glasses?

**It could be, maybe AR glasses, if there is technical content, will be a little heavy on the head**

Q: What improvements do you think AR glasses need to be made to better meet the needs of cooking and baking?

**Comfort, don't make me dizzy while cooking. It's best to wear the same glasses as you normally would**